



Fresh Ideas Feeding Minds



Allergen Aware Lunch Menu



NON-DAIRY



NON-EGG



NON-GLUTEN



NON-SOYA



NON-NUTS



NON-PEANUTS



NON-CELERY



NON-MUSTARD



NON-LUPIN



NON-SESAME SEEDS



NON-CRUSTACEANS



NON-MOLLUSCS

Spring/Summer

Our Allergen Aware Menu is **FREE** from most of the top 14 legal allergens and is closely aligned to the Primary School Lunch Menu

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Monday

Tuesday

Wednesday

Thursday

Friday

Margherita Pizza
with Potato Wedges (Ve)
or
Chinese-Style Plant Balls
with Steamed Rice (Ve)
or
Jacket Potato with **Tuna (No Mayo)**, Beans **or DF Cheese**
served with Mixed Salad

Homemade Summer Berry Cupcake

Chicken in Tomato Sauce
with Steamed Rice
or
Jacket Potato with **Tuna (No Mayo)**, Beans **or DF Cheese**
served with Peas
and Sweetcorn

Iced Fruit Smoothie

Roast Chicken with
Roast Potatoes and Gravy
or
Cheese and Potato Pie
with Gravy (Ve)

served with Carrots
and Green Beans

Homemade Cocoa Cake with Orange Wedges

Pork Bolognese
with **Pasta**
or
BBQ Loaded Bean Bake (Ve)
or
Jacket Potato with **Tuna (No Mayo)**, Beans **or DF Cheese**

served with Mixed
Vegetables

Fruit Jelly

Chicken Goujons
or
Garden Vegetable
Goujons (Ve)
with Chips

served with Peas
or Baked Beans

Homemade Lemon Shortbread and Melon Wedge

Week One: 13 Apr | 4 May | 1 Jun | 22 Jun | 13 Jul | 14 Sep | 5 Oct — Fresh Fruit Available Daily

2

Monday

Tuesday

Wednesday

Thursday

Friday

Margherita Pizza
with **Tomato Pasta (Ve)**
or
Vegetable Curry with
Steamed Rice (Ve)
or
Jacket Potato with **Tuna (No Mayo)**, Beans **or DF Cheese**
served with Sweetcorn

Fresh Fruit Platter

Chicken Curry
with Steamed Rice
or
Cheese and Tomato Pasta Bake (Ve)
Jacket Potato with **Tuna (No Mayo)**, Beans **or DF Cheese**

served with Mixed
Vegetables

Homemade Marble Shortbread

Pork Sausages
or
Plant Sausages (Ve)
with Roast Potatoes
and Gravy

served with Carrots
and Peas

Homemade Peach Crunch

BBQ Shredded Chicken in a
Homemade Roll with
Potato Wedges
or
Jacket Potato with **Tuna (No Mayo)**, Beans **or DF Cheese**

served with
Mixed Salad

Homemade Orange Cupcake

Fish Fingers
or
Garden Vegetable Goujons (Ve)
with Chips

served with Peas
or Baked Beans

Homemade Apple Flapjack

Week Two: 20 Apr | 11 May | 8 Jun | 29 Jun | 31 Aug | 21 Sep | 12 Oct — Fresh Fruit Available Daily

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Monday

Tuesday

Wednesday

Thursday

Friday

Cheese and Tomato Pasta Bake (Ve)
or
Jacket Potato with **Tuna (No Mayo)**, Beans **or DF Cheese**

served with Peas
and Sweetcorn

Homemade Banana Muffin

'Hot Dog' Pork Sausage
or
Plant Sausages (Ve)
in a **Homemade Roll**
with Potato Wedges
and Tomato Dip
or
Jacket Potato with **Tuna (No Mayo)**, Beans **or DF Cheese**

served with Mixed Salad

Homemade Shortbread

Roast Chicken
with Roast Potatoes
and Gravy
served with Broccoli
and Carrots

Homemade Apple Crumble

"Build your Own" Chicken Flatbread with
Steamed Rice
or
Jacket Potato with **Tuna (No Mayo)**, Beans **or DF Cheese**

served with Sweetcorn

Homemade Oaty Cookie

Fish Fingers
or
Garden Vegetable Goujons (Ve)
with Chips

served with Peas
or Baked Beans

Homemade Shortbread
with Orange Wedges

Week Three: 27 Apr | 18 May | 15 Jun | 6 Jul | 7 Sep | 28 Sep | 19 Oct — Fresh Fruit Available Daily



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group

Please note: Whilst every precaution has been taken to avoid cross contamination. No guarantee can be given for the absence of allergens.